



Unity of the White Mountains 257 N. Woodland Rd, Lakeside Sunday, Feb. 18 1pm - 2:30pm Suggested Donation \$15

Why SHEN Therapy?

Re-Empowering Your Life, Relationships & Personal Journey
Recovery from Stress, Anxiety & Trauma

 Relief from Emotionally-Rooted Physical & Behavioral Issues

"The 'Gold Standard' of Therapeutic Energy Work"

Russell Fox, CST/CSI Therapist, Author, Lecturer

Sessions with Russ Available Monday 2/19 from 9-5 at \$125 for about 90 min

SHEN Therapy A Presentation by Russ Fox

Joining Modern Science & Ancient Wisdom for Release of Stress & Anxiety, Recovery from Trauma and Re-Empowering Your Life & Personal Journey

SHEN Therapy

Biofield/Qi Body Work for A New Era



You... Living Your Life With Intense Passion, Joy & Satisfaction! That's **SHEN**'s Goal – *Is It Yours*?

Russell Fox, CST/CSI Certified SHEN Therapist & Instructor

The **SHEN** Wellness & Tao Center | Sedona 40 Bell Rock Plaza - Suite B, Village of Oak Creek, Sedona, AZ

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