

## The Lord's Prayer with the Chakras and 12 Powers

### **Our Divine Essence, holy is your name.**

Crown of head Violet/white. I open my crown chakra and connect with the spirit of the divine within me. Om

### **My Kingdom is come.**

Between your eyebrows. Indigo. I open my third eye chakra and activate my power of imagination. I see, perceive, and judge from the perspective of my higher self. Om

### **You give us this day**

Throat, Light blue, I open my throat chakra and activate the power of power. I am impeccable with my words. Ham

### **I forgive myself and others**

Heart, center of chest, green. I open my heart chakra and activate my power of love. I am a radiating center of divine love. Yam

### **I am delivered from error**

Solar Plexus, 6 inches above belly button, Yellow, I open my solar plexus chakra and activate my powers of strength and wisdom. I hear my inner guidance and follow it in the right and perfect ways. Ram.

**For within is the kingdom, power, and glory forever.** Sacrum, Orange I open my sacral chakra and activate my power of generative life. I create from my highest self. Vam

**Thank You Amen** Root Chakra, Base of the spine, Red. I open my root chakra and activate my power of renunciation. I release and let go any and all things no longer serve my greatest and highest self. I am safe, secure, and connected. Amen Lam